

# MANAGING THE UNMANAGEABLE

An innovative and interactive program.  
Essential for today's school leaders.

Due to popular demand, regional dates released for 2017

- Mildura: 18 & 19 May 2017 • Gippsland 26 & 27 June 2017
- Melbourne 8 & 9 June 2017 and 19 & 20 October 2017

*Leading people can be a tough gig. You are expected to manage your own workload, emotions and issues; support those with possible mental health concerns; implement change initiatives; and deal with underperformance in a complex and constantly changing legal environment... all whilst maintaining morale and productivity.*

*Returning again in 2017, this popular two day program will give you the skills to understand and manage these issues pro-actively and confidently.*

One in four Australians will suffer a mental health illness in their lifetime.

Recent research from SANE Australia highlights that less than half of managers (43%) have an understanding of mental illness.

The Principal Health & Wellbeing Survey 2012 found the biggest sources of stress for school leaders included the sheer quantity of work, poorly performing staff & dealing with parent related issues or staff mental health concerns.

Nearly half of leaders (46%) reported that underperformance is not tackled at all well: Why? Because it is 'too hard'.



***You can't ignore the facts.***

## A comprehensive two-day program for school leaders to ask the questions they have always wanted to ask.

- Conquer the art of critical and difficult conversations to ensure optimal outcomes.
- Boost cognitive awareness to reduce stress and monitor wellbeing.
- Recognise and have the confidence to identify and deal with possible mental health issues including fulfilling your duty of care as an employer.
- Identify thinking preferences, individual coping styles and the links to communication and self.
- Understand the legal landscape related to bullying, discrimination and unlawful dismissal to protect yourself and your staff and enhance performance.
- Step through a change model and understand how people and you as a leader, respond to change.
- Work through case studies specifically designed to help your leaders deal with your school's issues.



Phone Katherine on 0419 552 549  
katherineandERICA@gmail.com [www.kwconsult.com.au](http://www.kwconsult.com.au)



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## Learn from the experts



# Katherine Wirth

Katherine has 15 years experience as an employment lawyer, investigator, trainer and consultant in corporate environments, appearing in over 350 Conciliation conferences and mediations.

Katherine began her legal career representing individuals at McDonald Murholme before moving to leading law firm, Herbert Smith Freehills, where she was a Senior Associate. Whilst at Herbert Smith Freehills Katherine was seconded to Coles Myer as an employee relations advisor, gaining valuable in-house experience.

Katherine has also worked at global pharmaceutical company CSL, as a Human Resources Business Partner.

Katherine understands the reality of corporate life. She is approachable and down to earth. She is a dynamic trainer who is able to clearly communicate practical skills and key legal concepts.



# Erica Edmands

Erica has over 20 years experience working in the areas of bullying and harassment complaints; mediation; investigations; stress management, resilience, emotional intelligence (Genos accredited), mental health and well being. She is an experienced facilitator and public speaker.

In addition to running her own consultancy, Erica is an Associate Director of mh@work, a specialist mental health and wellbeing consultancy.

Erica is the President of Kidsafe Victoria, the leading child injury and death prevention charity and a Board Member of Women's Housing Limited, a key provider of community and transitional housing to women and children.

Erica has worked at leading law firm Herbert Smith Freehills and in senior Human Resources roles at Comalco Smelting and Minter Ellison.

*'Extremely well run and presented course, highly relevant to the workplace. Care taken by presenters during topics to note some items may be sensitive to some participants.'*

*'Great pace and content and well presented. Erica and Katherine work well together and made the 2 days most enjoyable.'*

*'Easy to listen to and well presented.'*

*'Skills learnt as part of this program can be directly applied in daily practice given the relevance of the subject material.'*

*'BRILLIANT!! Thank you so much for facilitating 2 days for us to discuss all of the things that educational leaders never discuss!'*

*'Extremely enjoyable, informative and relevant course, the facilitators were excellent.'*



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## Who will benefit from this program

Anyone leading people, projects or teams, including:

- School Principals
- Assistant School Principals
- SEILS Regional Support personnel
- New Leaders
- Senior Leaders
- Leading Teachers
- Early Learning Centre Supervisors
- Kindergarten Leaders

Erica and Katherine are engaging, experienced and skilled facilitators who create a structured and safe space in which to ask difficult or sensitive questions.

## Pricing and booking information

### **Cost**

VPA members \$1,100 per person (incl. GST).

Non-members \$1,250 per person (incl. GST).

Group booking discount of \$100 per person for two or more attendees from the same organisation.

Includes:

- Lunch, morning and afternoon tea.
- Tip sheets, notepad, folder, handouts and comprehensive program materials.

### **Dates & Locations for 2017 Programs**

**Mildura:** 18 & 19 May 2017 at Mildura Primary School, San Mateo Ave, Mildura, VIC 3500

**Gippsland:** 26 & 27 June 2017 at Stockdale Road Primary School, Traralgon, VIC 3844

**Melbourne:** 8 & 9 June or 19 & 20 October 2017 at VPA Offices  
Unit 2, 13 - 21 Vale St, North Melbourne, VIC 3051

### **Time**

Day 1 - 9:00am to 4:30pm (registrations from 8:30am).

Day 2 - 9:00am to 4:30pm.

### **Bookings**

ALL bookings to be made through VPA using the attached registration form. For booking enquiries please contact Sue O'Connor, VPA Administration Officer, P | (03) 8379 4000 or E | [soconnor@vpa.org.au](mailto:soconnor@vpa.org.au)



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**Victorian Principals Association**

# **Tax Invoice**

ABN 53 483 039 713

**MILDURA:**  
18 & 19 May 2017

Mildura Primary School  
San Mateo, Mildura VIC 3500

**MELBOURNE:**  
8 & 9 June 2017

VPA Offices  
Unit 2 13-21 Vale St, Nth Melbourne VIC 3051

**GIPPSLAND:**  
26 & 27 June 2017

Stockdale Road Primary School  
Traralgon VIC 3844

**MELBOURNE:**  
19 & 20 October 2017

VPA Offices  
Unit 2 13-21 Vale St, Nth Melbourne VIC 3051

Member \$1,100 per person (incl. GST)

Non-Member \$1,250 per person (incl. GST)

Please tick if group discount needs to be applied  
(Discount of \$100 per person for two or more attendees from the same school)

Name/s: .....

Position:

Principal

Assistant Principal

Leading Teacher

Other

School: .....

Contact Ph. No: ..... Email: .....

Dietary requirements: .....

Cheques payable to  
"Victorian Principals Associations"

EFT payments to Commonwealth Bank

Creditor Name: VPA  
BSB: 063 238  
Account No: 10021838

Please ensure that a COPY of the registration form is sent to your accounts department to generate the payment.  
The form is also to be emailed to [soconnor@vpa.org.au](mailto:soconnor@vpa.org.au)

Credit Card:

VISA

Master Card

Name on Card: .....

Credit Card Number: ..... Expiry date: .....

A confirmation of your registration will be sent via email.